

What Are A Mentee's Needs and Goals?

Cait S. Kirby, PhD caitkirby.com



Editable version available at

caitkirby.com/resources/mentee-goals-needs.html

Instructions:

This activity is best done as a mentor/mentee pair. You can each fill one out and then compare similarities and differences, or work through the activity together.

In the circle, share a few goals that you think the mentee hopes to achieve.

In the boxes, share a few things that you think the mentee needs to help achieve their goals.

Career Support

Career Guidance

- 1.
- 2.
- 3.

Psychosocial Support

Psychological and Emotional Support

- 1.
- 2.
- 3.

Mentee Goals:

Example: Have a Strong Field Identity or Achieve Dream Career

- 1.
- 2.
- 3.

Sponsorship

- 1.
- 2.
- 3.

Role Modeling

- 1.
- 2.
- 3.

Skill Development

- 1.
- 2.
- 3.

Reference:

<https://www.nap.edu/resource/25568/interactive/mentorship-defined.html#section1>