Title: Maslow First, Then Bloom

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Maslow's hierarchy is a theorized pyramid of needs that an individual must fulfill to achieve self-actualization, growth, and learning.

On the left is a depiction of Maslow's hierarchy as a pyramid is separated out into five sections, shown as horizontal levels.

The bottom, first level is physiological needs, including food, water, warmth, rest, and clothing.

The second level is safety needs, including security, health, income, and personal safety.

The third level is belonging and love, including intimate relationships, friends, and family.

The fourth level is esteem, including prestige, feelings of accomplishment, and status.

The fifth and highest level is self-actualization, including achieving one's full potential and motivation.

Bloom's taxonomy is a framework for categorizing different types of knowledge.

On the right is a depiction of Bloom's taxonomy as a pyramid is separated out into six sections, shown as horizontal levels.

The bottom, first level is remember, wherein learners can recall and recognize facts.

The second level is understand, wherein learners can explain ideas and concepts.

The third level is apply, wherein learners can use information in new ways.

The fourth level is analyze, in which learners can connect ideas.

The fifth level is evaluate, in which learners can examine and make judgments.

The sixth and highest level is create, wherein learners can generate something new.

Between these two pyramid it says Maslow first, then Bloom.